

An easy way to get your medications

And receive ongoing support for health conditions

Life is busy and time is a precious resource. We want to help! So we are happy to share a service from Sun Life that can make your life – and managing your medications – a little bit easier. And you can register today in minutes!

Online Pharmacy, by Pillway¹ gives you easy online access to pharmacists for medication and coaching to better manage your health. The pharmacy is available 24/7, and there's no extra cost to you. It's available to you and your family members whenever you choose to use it. Ordering is simple. You can request refills and renewals at any time, using the app. The pharmacy team is available via phone and in-app chat during business hours* to help you and your family members along the way, at no extra cost.

Medication management made easy

With Online Pharmacy you can fill your prescriptions and so much more.



Easy ordering – just upload a prescription for validation and place the order online



Easy refills, by enabling auto-renewal



Home delivery of your medications in Canada – at no extra cost



The ability to manage your medication needs, such as compliance packaging that groups multiple medications into convenient packages



Professional advice, with the ability to chat with, or call, Pillway's trusted and knowledgeable pharmacy support team



Coaching for chronic conditions – to help you maximize treatment effectiveness and stay on track for success

Coaching programs for healthy habits

If you're managing a chronic condition, you're not alone. Almost half of Canadians require maintenance medication to treat chronic conditions. And with life and work demands, it can be difficult to manage a treatment program and maximize its effectiveness.

Online Pharmacy can provide you with personalized one-to-one coaching for common chronic diseases, at no extra cost. This coaching service was designed to help Canadians like you get the care you deserve and build healthy habits to manage your condition.

Online Pharmacy currently offers coaching for diabetes and respiratory diseases like asthma. And they continue to add new coaching programs over time. The coaching involves:



A personalized Care Program, created with you to help you self-manage your condition



1:1 virtual coaching sessions with a dedicated Support Team**



Regular check-ins, proactive support, and simple monitoring

The pharmacy team is always there to help you build a plan and better manage your condition. Just register for Online Pharmacy and sign up for coaching anytime.

Register for the pharmacy service today!

1. Visit the [Online Pharmacy website](#)
2. Click **Register Now**
3. Click **Sign in** and sign in using your Sun Life ID
4. Confirm your personal information, drug card, and delivery address – and upload or transfer any prescriptions

Looking for more information?

To learn more about Online Pharmacy, explore the FAQ on the [Online Pharmacy welcome page](#).

Or, to learn more about the coaching services visit the Care Program pages:

| Sun Life presents the

Diabetes Care Program

| Sun Life presents the

Respiratory Care Program



* Mon - Fri: 9 a.m. to 8 p.m. ET | Sat: 10 a.m. to 5 p.m. ET

** Support Team members are from Pillway and LifestyleRx, and may consist of pharmacists, physicians, and registered dietitians.

¹ SHG Pharmacy Inc. and SHG West Pharmacy Inc., doing business as Pillway pharmacies, are partially owned by Simpill Health Group Inc. For your information, and as a point of disclosure, Sun Life Assurance Company of Canada has partial ownership in Simpill Health Group Inc.

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